

## MAGNIFICAT

And Mary said:

*My soul magnifies the Lord,  
and my spirit rejoices in God my Savior,  
for he has looked with favor on the  
lowliness of his handmaid.  
For behold, henceforth all generations  
will call me blessed,  
for the One who is mighty has done  
great things for me,  
and holy is his name.  
And his mercy is from generation to  
generation on those who fear him.  
He has shown strength with his arm;  
he has scattered the proud in the  
imagination of their hearts;  
he has put down the mighty  
from their thrones,  
and exalted those of low degree;  
he has filled the hungry with good things,  
and the rich he has sent away empty.  
He has helped, his servant Israel,  
in remembrance of his mercy,  
according to the promise he made to  
our ancestors,  
to Abraham and to his posterity forever.*